

## Have You Examined Yourself This Week?

In the early church Christians would gather together on the first day of every week to observe the Lords supper.

**Acts 20:7 (NASB)**

**7 And on the first day of the week, when we were gathered together to break bread, Paul began talking to them, intending to depart the next day, and he prolonged his message until midnight.**

This was a time of self examination when they would search themselves in order to see the depth of the wickedness of the sins they committed. It was a time of great humility as they saw themselves through God's eyes.

**1 Corinthians 11:28 (NASB)**

**28 But a man must examine himself, and in so doing he is to eat of the bread and drink of the cup.**

**1 Corinthians 11:31 (NASB)**

**31 But if we judged ourselves rightly, we would not be judged.**

The wicked nature of their sins was magnified as they meditated on the price that was paid to redeem them. Their sins were so corrupt that only the death of the Son of God could free them.

**1 Peter 1:18-19 (NASB)**

**18 knowing that you were not redeemed with perishable things like silver or gold from your futile way of life inherited from your forefathers,**

**19 but with precious blood, as of a lamb unblemished and spotless, the blood of Christ.**

The Lord's Supper was a weekly memorial of sin and the price paid. But it was even more than that; it was a means by which one would publicly proclaim their faith in the power of the death of Christ.

**1 Corinthians 11:26 (NASB)**

**26 For as often as you eat this bread and drink the cup, you proclaim the Lord's death until He comes.**

Jesus is the only way by which one can reach the Father. Without the shedding of his blood there is no forgiveness of sin and therefore no salvation.

**John 14:6 (NASB)**

**6 Jesus \*said to him, "I am the way, and the truth, and the life; no one comes to the Father but through Me.**

**Hebrews 10:19-20 (NASB)**

**19 Therefore, brethren, since we have confidence to enter the holy place by the blood of Jesus,**

**20 by a new and living way which He inaugurated for us through the veil, that is, His flesh,**

Has there ever been a week when God's children had no need of the simple memorial supper which moves their mind to self examination and remembrance of the precious blood that was shed in their behalf?

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